

MEDICINAL HERBS - BASIC

Endorsed by The African National Healers Association

CERTIFICATE MEDICINAL HERBS BASIC

- The goal of this course is to gain basic knowledge about medicinal herbs.
- It qualifies you to register with ANHA as a **CERTIFIED HERBALIST**
- You access this course online. Study materials are supplied.
- Start any time and complete this course in maximum one years.
- No previous qualifications necessary
- Course fee: R5000.00 full payment or R1200.00 per module
- To register for this course contact Dr P Smit at drpetrosmit@gmail.com

Contents of the Certificate in Medicinal Herbs Basic

Module 1

Where herbs began
Short history of the documentation of herbs
History of South African herbs
What are herbs?

Module 2

Doctrine of signatures
Botanical classification
Plant anatomy and identification
Growing herbs

Module 3

Functions of herbs
Active constituents
Actions of herbs
Medicinal herbs – plant parts used.

Module 4

Preparations of medicinal herbs
Route of administration
Harvesting and drying herbs
Using herbs safely

Module 5

Indigenous medicinal herbs